

FIGURE 4: PIE CHART OF AGE LEVELS

The ages of the 21 children are: 5:2,6:2,7:1,8:2,9:2,10:5,11:5,12:1,13:1. Those in **Bold typeface** represent the mode. This Pie Chart represents those with the highest incidence of discipline problems to be in ages 10-11. Therefore these three ages present the highest incidence of CARR. Since the younger ages (ages 5-9 & 12-13) present a lesser number of incidence of high CARR, they have a more balanced lifestyle. Of particular interest however is also that after the age of 11, the incidence of CARR drops down dramatically: even lower than that of the earliest ages listed. Therefore BLC can allow the emphasis of its interventions with the assistance of those older students, to assist in alleviating the increased CARR in ages 10 and 11.